



Youth Mentoring Fact Sheet

The Cross Bar X Mentoring Program is a one-on-one mentoring program that matches caring, Christian adults with at-risk kids. Men and women age 18 and over commit to meeting with their mentees two or more times per month. Cross Bar X mentors are guides and role models. They bridge the gap for kids who are growing up in an environment with limited resources. They aren't trained psychologists or social workers; but they are committed, available and a lot of fun!

Cross Bar X adheres to all national mentoring standards of excellence and is dedicated to bringing hope and resources to a new generation by partnering with schools, churches, businesses, and other community based organizations. Trained mentor coordinators oversee the match to insure the best possible mentoring experience for your child.

Cross Bar X targets youth between 7 and 18 years of age. All youth are welcome in the program, however preference will be given to those youth that demonstrate one of the following risk factors:

- From a family with a disengaged/disinterested parent
- Living in a single parent home
- Any type of court contact
- Evidence of substance abuse
- Lagging behind in school or has dropped out
- From a home classified as disadvantaged or low-income
- History of physical and/or sexual abuse

Youth referrals come from parents, school counselors, church staff, juvenile probation, and other agencies serving children. Unfortunately, not every youth will receive a Cross Bar X mentor due to limited resources. However, our staff will make every attempt to find a trusted adult to walk with your child through some of the more difficult years of growing up.